

Designing
Your Future

As a student, do you wish to:

Understand yourself better,
know what you can do and
set objectives for success?

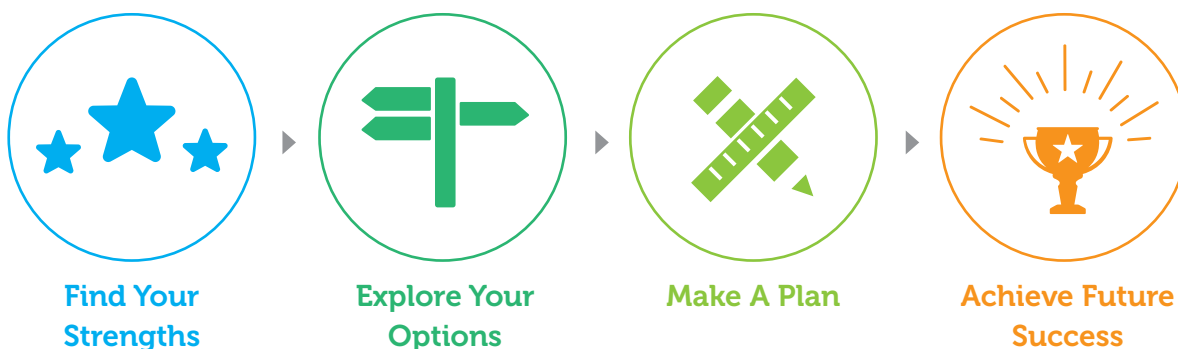
Make the right choices
and be prepared to further
studies and career?

Studies have shown that students who know themselves well and are certain of their direction are more resilient and motivated in their studies and career choices. This highlights the importance of knowing yourself.

Designing Your Future (DYF)

Designing Your Future (DYF) is a programme that helps students to explore and understand their **strengths, interests** and **personal characteristics**, which will better equip them to make decisions regarding their further **studies** and **career** plans.

Students will develop **skills** to manage time and resources, develop interpersonal skills for success and gain decision making ability.



This programme comprises **9 lessons** with assignments. The suggested duration for completion of the whole programme is **8 weeks**. Each lesson takes approximately **30 minutes** to complete. Students can complete the lessons and assignments anytime of the day at their own pace and convenience.



Ashley Alessandra Yeo:

"Designing Your Future has helped me learn more about myself, what kind of skills employers look for, different ways you can solve conflict and most importantly, teamwork."



Jared Liew:

"In this course, I have discovered my personality type, traits, strength and weaknesses, and come to know which working area I would be most comfortable in. I also learned about the top 10 employability skills that most companies and foundations are looking for in a potential employees which helps me work well in a team."

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Programme Features:

Unit 1: Personal Knowledge and Self-Management Skills

This unit consists of personality tests and brainstorming sessions with peers to allow students to explore their personality, strengths and weaknesses. Assignments are designed to encourage **self-reflection** and **exploration**, which will help them discover and utilise their **potential**. Ultimately this will empower them to make crucial decisions regarding their **future**.

Unit 2: Interpersonal Knowledge and Skills

This unit sharpens students' **communication** skills to effectively interact with people and expand their **network**. Assignments are designed to encourage students to practise their interpersonal skills. These skills include leadership, teamwork and conflict management, which prepare students for the challenges at university and workplace.

① What You will Learn



Self-Management



Self-Understanding



Managing Conflict



Networking Techniques



Teamwork



7 Habits of Highly Effective People



Career Decision Making

② Online Coaches

Throughout the programme, our experienced and enthusiastic online coaches will engage with students to provide feedback and guidance.

③ Collaboration with Peers

Students are able to acquire **independent learning** skills, collaborate and share the information they have gained with other students on our online social learning platform, SunagoLearn. Similar to how one learns from others on Facebook or Twitter, this programme encourages students to learn with one another in a safe environment through instant application of what they have learnt as well as expand their social network!

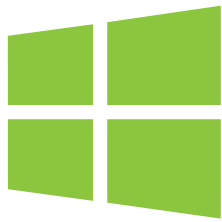
FIND OUT
MORE

about DYF @ www.sunagolearn.com
or scan the QR code



Entry Requirements

- Have a computer/laptop with:



For PC-based Users:

Windows 10, Windows 8, Windows 7, Windows Vista or Windows XP

Browser:

Internet Explorer Version 10 and above, Mozilla Firefox, Google Chrome or Microsoft Edge.



For Mac-based Users:

MAC OS® 10.7 or above

Browser:

Safari, Firefox or Google Chrome.

- Reliable Internet connection of preferably 1Mbps and above to access the online programme.



Stephanie Chan:

"This course has helped me in discovering and knowing myself better. The lessons were useful as it could prepare me before facing the challenges in the real world."



Daniel Antonio Edwin Das:

"I personally think that this course has helped me learn more about myself - where my strengths are, where my weaknesses are, and what I'm capable of doing."

About Sunago

Sunago Education offers a modern education solution for 21st century learners. By recognising the importance of technology in our daily lives, we aim to effectively utilise technology to provide a comprehensive learning experience through our online platform. We are committed to making education more modern, more effective, and more accessible to students.

With more than 25 years of experience in delivering effective educational programmes, we believe that students deserve the best 21st century learning Sunago has to offer.

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